

Brian's Mango Salsa

Makes 1 cup salsa

Courtesy of L'Academie de Cuisine Chef Brian Patterson, for demo August 7, 2015

1 Ripe Mango, peeled, pitted and sliced
1 Jalapenos, seeded and julienned
1/4 red bell pepper diced
2 cloves of garlic, chopped
1 tablespoon chopped fresh cilantro
Juice of 1 lime
Kosher salt and freshly ground black pepper to taste

Combine all ingredients in a medium bowl. Serve immediately.

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